Program Gathering in York

March 11, 2023
9:30 am - 3:30 pm
Welcome
Reflections

Pair up with another person.

Three weeks following our kick-off gathering, what’s one thing that has stuck with you?

4 minutes.
Goals of today’s gathering

1. Get a sense of targeted violence dynamics in York County
2. Learn about another Uniter’s personal experience with targeted violence
3. Learn together about targeted violence from a subject matter expert
4. Use the ABCs to explore different perspectives on what we’re learning
5. Have fun
Agenda for today’s gathering

1. Welcome from the York mayor

2. Exploring our personal experiences relating to targeted violence

3. Targeted violence briefing from Jordan Garza, Regional Program Coordinator at Center for Prevention Programs and Partnerships (DHS)

4. Using the ABCs on project teams to explore different perspectives on targeted violence
Transitioning into today
1. Program theme song

2. Email communication

3. Principles

**Updated Uniters Principles**

1. We will seek out and build on values, goals, and ideas we have in common.

2. We will embrace curiosity (ask “why”), keep an open mind, and explore differences (not “agree to disagree”).

3. We will not demonize people for their viewpoints, and will try to build connection and trust even when we disagree.

4. We will seek to understand others’ views before sharing our own views.

5. We will be mindful of how our words and actions impact others, and share how other views land with us.
Welcome to Mayor Helfrich
Storytelling using the ABCs
# Project teams

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Preparation: Exploring different lived experiences

Prepare to share with one other person on your project team: What is one experience that has shaped your views on targeted violence?

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Exploring different lived experiences

1. Pair up with another member of your project team

2. Explore their story in response to the prompt: “What is one experience that has shaped your views on targeted violence?”

3. As you listen to their story, use A and C (the Active Listening skills) to dig deeper and check your understanding of the significance of their story. No B (e.g., “I can relate!”) until it’s your turn!

4. As you tell your story, given the Active Listener an opportunity to practice their skills

5. Switch roles after ~7 minutes
Debrief

• What was that experience like?
• What surprised you about either telling your story or exploring theirs (without sharing any one else’s personal details)?
Welcome to Jordan Garza
Jordan’s presentation: Topic 1 – What is Targeted Violence?
Get ready for a paired discussion

- Prepare to use B to break down one reaction you have to what Jordan just shared
- Form a pair with a different person from your project team
- Person whose first name comes first in the alphabet: You’ll serve as Active Listeners – use A and C only
- Person whose name comes second in the alphabet: You’ll serve as Speaker and break down your view
- Switch roles after 5 minutes
Jordan’s presentation: Topic 2 – What is Behavioral Threat Assessment?
Active Listening Exercise: 3- + 4-person groups

1. Speaker breaks down (“B”) their view (90 seconds) on what they just learned from Jordan
2. Active Listener uses “A” to deepen their understanding of the Speaker’s point of view
3. Speaker uses “B” to briefly respond to the Active Listener
4. 3 minutes total for each conversation between Active Listener and Speaker (Team Advisor will track time for their two groups)
5. Rotate roles
Lunch
Jordan’s presentation: Topic 3 – How does your community play a role?
Jordan’s presentation: Topic 4 – What are the warning signs?
Project team discussion, Part 1

- Take 2 minutes before we start to think of a question you are sitting with relating to targeted violence
- Find a partner on your team who you haven’t paired with yet today (Team Advisor and Community Partner Lead pair up)
- Person whose names come first in the alphabet: You will be the Active Listener (use A and C ONLY). Please take notes as you will soon be asked to share the Speaker’s view with your project team.
- Person whose name comes second in the alphabet: You will be the Speaker (use B to break down your views)
- Switch roles after 4 minutes

Active Listener starts the conversation with their question
Project team discussion, Part 2

- Join your 7-person team + Team Advisor
- Everyone (except Community Partner Lead) has 45 seconds to use C to represent (as best they can) the essence of the perspective they heard from the Speaker. If you believe your view is incompletely or inaccurately represented, jump in to add and/or correct.
Gallery walk

1. Walk to each of the other teams’ work stations
2. Your Team Advisor stays behind to share perspectives from your team
3. Ask questions as you listen to the Team Advisor present their team’s analysis
Moving forward
Reminder on 1-on-1 check-ins with program leadership between March 17-24

- Stay tuned for a calendar invitation from Logan for a 15-minute check-in with a UPTV Program Leader based on the time slot you signed up for

- You will meet with the same UPTV Program Leader every two months

- As a reminder, the purpose of the check-ins is to get a sense of how the experience is going for you, listen to any concerns you have, and ensure you feel connected to the overall Uniters experience (not just to your project team).
**Phase III schedule**

- **#1**: Sat. 9/9/23 @ 10-1 in York
- **#2**: Wed. 10/4/23 @ 5-6:30 pm on Zoom
- **#3**: Sat. 11/4/23 @ 10-1 in Chambersburg
- **#4**: Wed. 12/6/23 @ 5-6:30 pm on Zoom
- **#5**: Sat. 1/6/24 @ 10-1 in Harrisburg
- **#6**: Wed. 2/7/24 @ 5-6:30 pm on Zoom
- **#7**: Sat. 3/2/24 @ 10-1 in Gettysburg
- **#8**: Wed. 4/3/24 @ 5-6:30 pm on Zoom
- **#9**: Sat. 5/4/24 @ 10-1 in York
- **#10**: Wed. 6/5/24 @ 5-6:30 pm on Zoom
- **#11**: Sat. 8/24/24 @ 10-4 in Chambersburg

**Saturday 10-1 gatherings include lunch**
Takeaways

Find one person you haven’t talked to today.
What’s 1 thing you’re taking away from today’s gathering?
Appendix
Opening Exercise
Blinking Exercise

- Pair up with a counterpart and stand a few feet apart from each other.
- No talking, writing, or using gestures to communicate!
- Your goal: Get as much money for yourself, individually, as possible.
  - You get $1 million for your project team each time your counterpart blinks.
- You will have 20 seconds to play.
- Keep track of the number of times you blinked. Be ready to report how much money your counterpart made at the end of the contest.
Blinking Exercise

How many millions of dollars did you each make?
Competition vs collaboration

“Staring Contest”
- Goal is to beat them
- Stare hard, raise eyebrows, and keep eyes open the whole game
- Conflict / no money earned

“Blinking Exercise”
- Goal is to maximize earnings
- Blink rapidly to give them value and try to enlist them as a partner
- Cooperation / millions earned